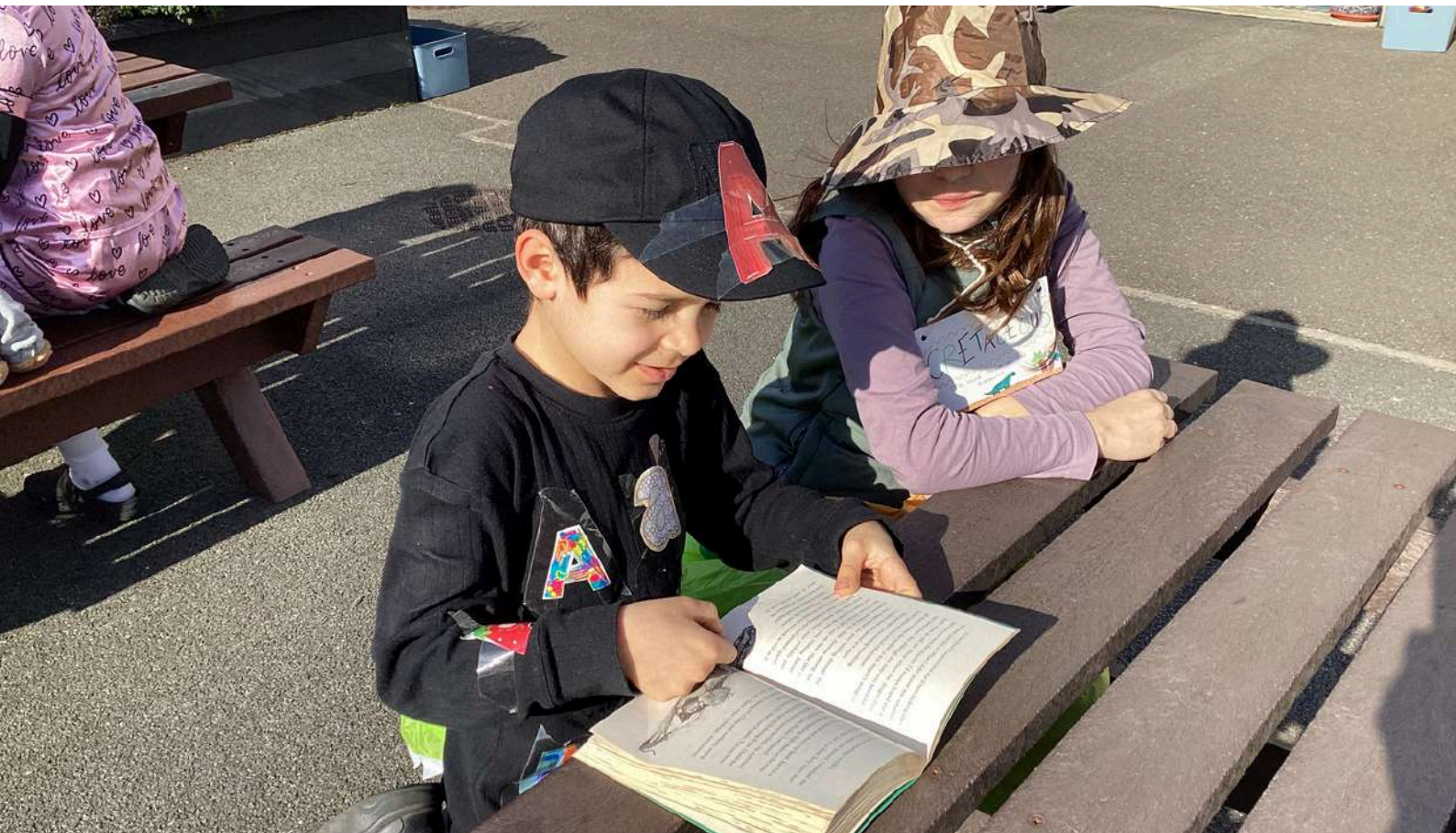


6th March 2026



Histon & Impington  
Brook Primary School

# HIBPS Newsletter



## Headteacher update

Dear Families,

We had a wonderful World Book Day, filled with fabulous costumes and glorious sunshine! The children loved taking part in our book trail, spotting all the funny and unusual places staff had been caught reading – including Miss Burns hiding in a bin and Mrs Hilton bottle-feeding a lamb! Our parade was a real highlight, with pupils confidently strutting their stuff along our playground fashion-show runway. It was a joyful celebration of reading for everyone involved.

This week children in 4FS had a brilliant time at The Fitzwilliam Museum in Cambridge and our Year 6 children were terrific in the football competition in Cambourne.

Four of our Year 6 pupils visited Ely St John's Primary School to take part in an inter-school English Challenge. Ten schools competed, and we are incredibly proud to share that our team came joint first! They will now be heading to the finals in a few weeks' time. Well done to our brilliant Year 6 representatives!

Thank you,  
Richard Bakker  
Headteacher



Meridian  
Trust



## School News – Year 6 Cambridgeshire English Challenge



**On Wednesday, four children from Year 6 took part in the Year 6 Cambridgeshire English Challenge in Ely. Competing against teams from nine other primary schools across the region, the HIBPS team performed brilliantly and finished as joint winners, securing automatic entry to the finals later this month.**

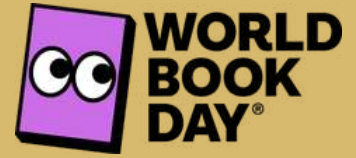
**The challenge tested a wide range of English skills, including knowledge of authors, book characters and titles, children's laureates, vocabulary, spelling and grammar. Our team worked superbly together and, most importantly, thoroughly enjoyed themselves.**

**A huge well done to them, and thank you to the parents who supported the event.**

**Mrs Beal**



# School News - #Take10ToRead Homework Challenge



In the **2026 Year of Reading**, we're inviting you to **take 10mins to read something you enjoy each day**. It **doesn't matter what** you read, **where you read**, just **Go All In** with something you love!



Throughout the year and this week there's going to be lots of **events, opportunities** to help *everyone* **find the time and the books** to go all in with reading. Your homework photos will become our library display!

**Let's make 2026** the year we **#Take10ToRead** and **#GoAllIn2026** with reading – meet the 10 minutes a day challenge!



Meridian Trust



Please follow the link, for information on the **#Take10ToRead** homework challenge.

[Post WBD Take10TimeToRead homework.docx](#)

Taking 10 minutes a day to be off screen and reading! How could you go all in? Take a photo of you taking 10. These photos will become part of a new library reading display (for those with photo permissions).

If you prefer sending your photo via email, you will be asked to label the subject header as **#Take10ToRead** and class name; your photo will be sent directly to your class teacher.

## How could you go all in?

"I could read the description of my favourite film."

"I could read a recipe for my favourite meal."

"I could read to relax just before I go to bed."

"I could read on the bus as I travel to my favourite place."

"I could read to find out more about something I'm into."

"I could read some tips for playing a tough level of my game"



# School News – National Year of Reading

2026 is the National Year of Reading

## 10 Ways to Take 10...

1. Read something you enjoy - it's okay to stop and swap if it's not fun
2. Switch off devices and make reading a new routine
3. Swap out time on socials for 10 minutes reading
4. Record your reading streak via a reading diary or [online app](#)
5. Try different formats - comics, magazines, audiobooks or e-readers
6. Listen to audiobooks - on the way to school or out on a walk
7. Check out your school library or [local library](#).
8. Choose a quick read and enjoy an easy win
9. Read out loud - share the joy of reading with others
10. Keep a book within easy reach - in your school bag or next to bed

We are proudly taking part in the [2026 National Year Of Reading](#) and invite all our young people, colleagues and families to take 10 minutes each day to read something you enjoy.

Watch this space for more ideas and upcoming events.

Join the movement to enjoy reading throughout 2026! [#GoAllIn2026](#)



**GO  
ALL  
IN.**

National  
Year of  
Reading  
2026

***Across the UK, children and young people are reading less than they used to, and stories aren't getting the space they once did. When reading drops, confidence, imagination and learning often dip too. That's why 2026 is shining a national spotlight on reading.***

***To kick off the National Year of Reading, we're encouraging everyone in our school community—and across our trust—to take just 10 minutes each day to read something you enjoy. Take a look at our "Ten Ways to Take 10" poster for ideas and inspiration!***

***From teachers to TAs, from Reception to Year 6, and from families to Finance teams, we're making 2026 the year we [#Take10ToRead](#) and [#GoAllIn](#) with reading. Let's get started... and let's get reading!***

**026 HIBPS Amazon Wish List for Reading Books: Could you donate a book to the school?**

**As part of our ongoing commitment to promoting a love of reading - and in celebration of 2026 being The Year of Reading - we are continuing to enhance the high-quality reading resources available to pupils at HIBPS. quality reading resources available to pupils at HIBPS.**

**We have created an Amazon Wish List where parents and carers can choose a book (or several!) to donate to the school. When purchasing, you can add a personalised gift note, which we will attach inside the book so children can see who it was donated by. This is a wonderful way to help keep our library fresh, exciting, and inviting, and a lovely opportunity to leave a small legacy in the form of a reading gift.**

**The books on the list have been carefully selected by teaching staff to reflect the diversity of our children, spark imagination, and help them explore the world around them.**

**If you would like to gift a book to the school, you can find the Amazon Wish List here:  
<https://amzn.eu/fecnh8o>**

**Thank you for your continued support in helping us nurture a community of enthusiastic, confident readers.**





# KS1 updates

Year 1 – programming on Scratch



Year 1 – World Book Day Trail!



Year 2 – reading with buddies!



Year 2 – World Book Day Fun





# KS2 updates

Year 3 – reading with buddies



Year 3 – admiring their new reading display!



Year 4 – World Book Day!



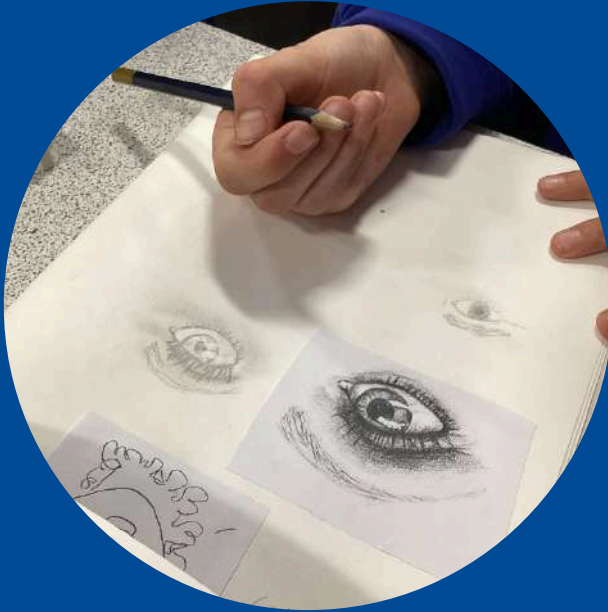
Year 4 – World Book Day and IT!



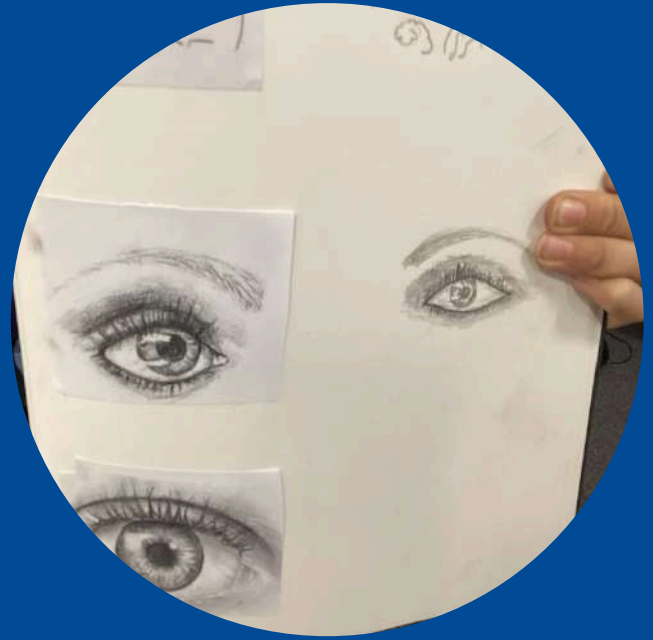


# KS2 updates

Year 5 – sketching in art



Year 5 – sketching in art



Year 6 – World Book Day



Year 6 – World Book Day with buddies!





# Key Dates : This Term

<b>Date</b>	<b>Time</b>	<b>Event</b>
<b>Monday 23<sup>rd</sup> February - Monday 9<sup>th</sup> March</b>	<b>from 18:00 on 23rd.</b>	<b>Parent Consultation Bookings are live on MCAS</b>
<b>Monday 9<sup>th</sup> March</b>	<b>9:30-11:30</b>	<b>Reception and Year 6 - Measuring Programme</b>
<b>Tuesday 10<sup>th</sup> March</b>	<b>Appointments from 3.30pm</b>	<b>All Years - Parents Consultation Evening Appts.</b>
<b>Wednesday 11<sup>th</sup> March</b>	<b>Appointments from 3.30pm</b>	<b>All Years - Parents Consultation Evening Appts.</b>
<b>Monday 16<sup>th</sup> March</b>	<b>10:00</b>	<b>Level 2 &amp; 3 - Bikeability Training</b>
<b>Friday 20<sup>th</sup> March</b>	<b>4.45pm-6pm</b>	<b>Reception &amp; KS1 Classes - Movie Night</b>
<b>Wednesday 25<sup>th</sup> March</b>	<b>TBC</b>	<b>Year 5 - Trip to see the Lion King in London</b>
<b>Tuesday 21<sup>st</sup> April</b>	<b>TBC</b>	<b>Years 1.3 &amp; 4 Giant Journey - Virtual Reality Experience</b>
<b>Monday 11<sup>th</sup> May - Thursday 14<sup>th</sup> May</b>	<b>Mornings</b>	<b>Year 6 - SATs week</b>
<b>Tuesday 19<sup>th</sup> May</b>	<b>9:00 am onwards</b>	<b>All Years - Class Photos with YEP</b>
<b>Monday 1<sup>st</sup> - Wednesday 3<sup>rd</sup> June</b>	<b>TBC</b>	<b>Year 6 - Residential Trip to Grafham Water Centre</b>
<b>Friday 12<sup>th</sup> June</b>	<b>3.15pm-6pm</b>	<b>PTFA School Summer Fair</b>
<b>Monday 22<sup>nd</sup> June &amp; Tuesday 23<sup>rd</sup> June</b>	<b>TBC</b>	<b>Year 6 - IVC Transition Days</b>



Histon & Impington  
Brook Primary School

PTFA

# PTFA SPRING TERM EVENTS

SAVE THE DATES

## **MAR** PTFA MEETING

**WEDS 4** 7.30pm, Tawa, Histon

## **MAR** Y1 CAKE SALE

**FRI 20** 3.15pm, Brook School

## **MAR** MOVIE NIGHT-RECEPTION & KS1

**FRI 20** 4.45pm, Brook School

## **MAR-APR** RAISE £20.26 IN 2026

Launching 23<sup>rd</sup> March

## **APR** DISCOS-Y3/4 & Y5/6

**FRI 17** Brook School - more soon!

## **APR** PTFA MEETING

**WEDS 29** 7.30pm, Tawa, Histon



# UNIFORM SORT

Friday 13th March  
at Tawa  
(8:30-10am)



Bring along unwanted Brook uniform and help us sort out stock into age/type, whilst catching up with friends over coffee.



HIBPS PTFA

# STIR FUNDRAISER

*Sip, Shop & Support - Our Fundraising Scheme is Back!*

We've partnered with Stir Histon for a fantastic fundraising opportunity! From Monday 9th March to Sunday 19th April, simply show your PTFA card when you visit Stir Histon and 10% of your purchase will be donated directly to our school's fundraising pot - at no extra cost to you.

## HOW IT WORKS

- **Show your card on arrival** - present your card (or the photo of it below on your phone) when you arrive at the café, not when you pay at the end.
- **Shop as normal** - there's no discount, but 10% of everything you purchase goes straight to the PTFA.
- **Use Click & Collect too!** - the scheme also works with Stir's Click and Collect service. Simply write 'Histon and Impington Brook PTFA' in the notes at checkout.

## KEY DETAILS

- **Where:** Stir Histon branch only
- **When:** Monday 9th March – Sunday 19th April 2025
- **Card:** Physical copy or a photo on your phone (see image below) — both are accepted



THANK YOU FOR  
SUPPORTING  
HI BROOK  
PRIMARY SCHOOL

10% of your Stir Histon purchase will be donated to the Histon and Impington Brook PTFA. Just show this card in store upon arrival, or add a note saying "Brook PTFA 10%" when ordering Click & Collect.



Histon & Impington  
Brook Primary School

HIBPS PTFA PRESENTS  
RECEPTION, YEAR 1 & YEAR 2  
WITH PARENTS & CARERS

# MOVIE NIGHT



FRI 20th MARCH, 4.45-6.30pm  
HISTON & IMPINGTON BROOK SCHOOL  
Wear your pyjamas & bring a cushion!

## MADAGASCAR

**TICKETS £6 PER CHILD inc POPCORN & a DRINK  
BAR FOR PARENTS & CARERS**

Please book your ticket in advance:

[www.pta-events.co.uk/hijs](http://www.pta-events.co.uk/hijs)

Due to capacity this event is for HIBPS Reception, Year 1 & Year 2 children only - siblings are unable to attend. Parents & carers will be responsible for their children.



HIBPS PTFA

# REGULAR GIVING

No time for bake sales?

Here's the thing- our PTFA helps fund a range of enriching activities and projects. From new books your kids love, to amazing playground equipment, subsidising school trips that create memories and more.

However, we can only do it with your help. The good news? If you're time-poor but still able to give, then a regular donation is an easy way to contribute.

£10/month = less than two fancy coffees. But 50 families doing it = £6,000/year for our kids. They'll benefit from it. Everyone wins.

## PAYROLL GIVING

Tax-efficient: £10 a month costs you only £8 (just £6 for higher rate taxpayers)

**Charity name:** Histon and Impington Brook Primary School Parent-Teacher-Friends Association

**Charity number:** 268870

On board? Click this [link](#) to get started

## STANDING ORDER

Set up a standing order to:

**Account number:** 43091589

**Sort code:** 20-17-20

**Bank:** Barclays

**Account name:** Histon and Impington Brook School PTA

**Ref:** Your name

Email [hijpspta@gmail.com](mailto:hijpspta@gmail.com) a [Gift Aid form](#) so we can claim an extra 25p for every £1 donated.



# Our Outside School Achievements!

We love seeing your fabulous achievements outside of school!

Please e-mail the office at [office@brookprimary.co.uk](mailto:office@brookprimary.co.uk) if you have any achievements you would like to celebrate with everyone!

Please say if you and your child are happy for it to go in the Newsletter, in the school Celebration Assembly or on the Celebration Wall, or any combination of these.



Amelia, Alice and Lara took part in their first tennis tournament on Saturday — and what a day it was! They played brilliantly, had so much fun, and all came home with medals. So proud of their effort, teamwork and big smiles on court.

Well done Girls!

## Gymnastics Super Star!

On Sunday Vincent went to an NGL (National Gymnastics League) competition in Luton. He competed on 6 pieces and there were 11 people in his age category. He won bronze on Pommel, Silver on parallel bars and Gold on floor.

Well done Vince! you must have worked really hard!



## Elijah – Basket Ball Star



At the weekend Elijah and his team came 2nd overall in the CVL Basketball tournament.

They worked really hard winning their last 4 games over the season. We are really proud of all his training and dedication to the team.

## **Stolen Scooter – Can you help?**



Unfortunately during the half-term holiday Benjamin's scooter appears to have been taken from the bicycle/scooter parking area on Thursday 19 February between 08:35 and 17:45, while he was attending the Cambridge Kids Holiday club.

It is a rainbow-coloured, foldable 2-wheel scooter with adjustable handlebars. It has a small wicker basket attached to the front and a sticker underneath with the name "Benjamin Middleton"

It was parked in the bicycle/scooter area to the left when entering the school, the row closest to the parking, in the covered scooter area. If anyone has any information, or seen the scooter then please let us know. This has been reported to the Police.

# What Parents & Educators Need to Know about MENTAL HEALTH MISINFORMATION ONLINE

## WHAT ARE THE RISKS?

A research study by Ofcom revealed that children aged 9–15 increasingly use online platforms like TikTok for mental health advice, with 50% relying on social media for information. Unverified medical content online is concerning, with the potential to cause confusion, anxiety, or incorrect self-diagnoses. This guide provides expert strategies to help parents and educators tackle misinformation effectively and ensure safer digital experiences for young people.

## POPULAR ONLINE SOURCES

Platforms like TikTok and Instagram are two of the main sources of young people's mental health content. Videos and posts frequently feature unqualified influencers, contributing to misinformation, myths, and oversimplifications. While appealing to young audiences, this unverified content can distort perceptions, and create unrealistic expectations and misunderstandings about mental health conditions.

## RISK OF SELF-DIAGNOSIS

Social media's misleading content encourages young people to self-diagnose complex mental health conditions inaccurately. Misdiagnosis can exacerbate anxiety, cause unnecessary worry, or delay essential professional intervention. This has the potential to escalate manageable conditions into more significant mental health issues requiring comprehensive clinical support.

## LACK OF FILTERS

Social media platforms struggle to filter misinformation effectively, allowing false content to spread widely and quickly. Without proper guidance, young viewers may not discern fact from fiction, potentially internalising inaccurate beliefs about mental health. This can negatively influence their decisions about seeking professional help or managing mental wellbeing.

## IMPACTFUL PAST TRENDS

Historically, online mental health misinformation has led to harmful trends, including inappropriate coping strategies or sensationalised symptoms. For example, past TikTok trends on self-harm or anxiety 'hacks' have spread damaging advice, underscoring the risk when misinformation is not promptly addressed or corrected by knowledgeable adults.

## MISLEADING CLINICAL TERMS

Online trends often include the misuse of clinical terms, such as 'trauma' or 'OCD', making serious conditions seem trivial or inaccurately understood. Such misinformation can diminish empathy, and lead young people to misunderstand mental health complexities, potentially preventing them from identifying real mental health issues in themselves or others.

## REPLACING PROFESSIONAL HELP

Frequent reliance on digital content can deter young people from seeking professional mental health care, substituting expert support with unverified online advice. This substitution can prolong issues, complicate recovery, and reduce the effectiveness of future professional interventions, ultimately impacting overall mental health and wellbeing negatively.

## Advice for Parents & Educators

### MONITOR ONLINE ENGAGEMENT

Regularly review and discuss a young person's online activity, providing appropriate guidance on discerning accurate content. Tools such as parental controls or co-viewing content can help mediate exposure to harmful misinformation, facilitating safer digital habits and informed critical thinking about mental health.

### IDENTIFY RELIABLE SOURCES

Teach young people to critically evaluate mental health content by checking credentials, source authenticity, and evidence-based information. Encourage them to refer to trusted medical or educational platforms and to consult healthcare professionals for clarification. This reduces young people's reliance on potentially harmful or misleading online sources.

### SCHOOL-HOME COLLABORATION

Strengthen collaboration with educators to integrate digital literacy into the school curriculum, emphasising misinformation awareness. Jointly delivered education sessions on identifying and responding to misinformation can significantly improve pupils' ability to critically assess mental health content, supporting their mental wellbeing effectively both online and offline.

### ENCOURAGE OPEN DIALOGUE

Foster a non-judgemental environment where young people feel comfortable discussing online content. Regularly talking about their online experiences and perceived mental health concerns helps clarify misunderstandings, mitigates misinformation, and builds trust, thereby enhancing their resilience and digital literacy. Model situations where you have sought advice from accurate sources and not solely relied on social media for health advice.

## Meet Our Expert

Anna Bateman is Director of Halcyon Education Ltd, Director for Wellbeing and Family Services at Leigh Trust, and lead expert for mental health at The National College. Anna specialises in strategic mental health solutions for schools, supporting educators and families to improve resilience, emotional literacy, and overall wellbeing for children across the UK.



#WakeUpWednesday

The National College



# Education Inclusion Family Advisor Newsletter March 2026



## A Bit About Me

Hi, my name is Jurate Trumpickiene, I'm your school's link EIFA. As an EIFA I offer advice and strategies to parents and carers with a Primary School aged child that may be experiencing some challenges such as routines, sleep, sibling rivalry, challenging behaviour, worries or self-esteem. If you'd like a chance to discuss any of these topics, please complete our service consent form via this link: <https://forms.office.com/e/MK4VD8wiFt>

### Top Tips

## Parenting top tip Whattodowhenchildrenargue



Children often argue because they haven't yet learned emotional regulation skills. Helping them practise calm-down techniques during non-stressful times makes it more likely they'll use them during conflicts. **Examples to teach:** taking a deep breath; stepping away from the argument briefly, using a "calm voice", saying what they need instead of blaming. If appropriate think about allowing for some negotiation and choice. For example: 'Would you like to do your homework before or after tea?' 'You can tidy up by yourself or I can help you.' 'Would you like to have your screentime in the morning or the afternoon?' Children do get told what to do quite a lot, and some (especially those who are strong willed) like to feel that they have some control and offering choices helps with that. ([Incredible Years programme-click the book for more](#))



## Activity

We have had a lot of rain lately! Adults often see it as an inconvenience don't they, but looked at through a child's eyes it can be fun. So next time it's raining why not put your waterproofs on and head outdoors. Here's an idea that might appeal to your little ones.

### Start a raindrop orchestra



Take some different objects outside to see what sounds the rain makes when it falls on them. Try different-sized saucepans or raid your recycling for foil containers and empty tin cans. Can you hear heavy drumming, a soft pitter-patter or pretty tinkling sounds? Try to create as many different sounds as possible and make some raindrop music.

Check out some more ideas here: [50 things to do before you're 11½ | Kids | National Trust](#)

## Pinpoint Cambridgeshire is hosting its Annual Conference 2026 on Tuesday 10 March at The Burgess Hall, St Ives (9:30am–2:15pm).

The free event is open to parent carers, parents, guardians and relatives of children and young people with SEND or additional needs (diagnosed or not), as well as professionals supporting SEND families.

Created by parent carers, for parent carers, the conference offers a calm, inclusive and flexible programme, with short workshops on topics including sleep, autism, sensory needs, benefits, education, trauma-informed practice and employment. A Marketplace of local services will be open for most of the day, alongside sensory workshops running throughout. The event is designed to help families feel supported, informed and less alone. **Free booking:** [www.pinpoint-cambs.org.uk/events](http://www.pinpoint-cambs.org.uk/events)

Does your child have, or potentially have, an additional need or disability? **Pinpoint** ([www.pinpoint-cambs.org.uk](http://www.pinpoint-cambs.org.uk)) have lots of information, advice and tips. For **Cambridgeshire's Local Offer** go to [www.cambridgeshire.gov.uk/residents/children-and-families/local-offer](http://www.cambridgeshire.gov.uk/residents/children-and-families/local-offer)

Contact me directly on 07767048838 or




[Jurate.Trumpickiene@cambridgeshire.gov.uk](mailto:Jurate.Trumpickiene@cambridgeshire.gov.uk)



# Education Inclusion Family Advisor Team Countywide Online Workshop Offer

The EIFA team would like to present our newly updated workshops on a variety of parenting and family issues for February and March.

Please ensure you book onto each workshop individually by clicking on the link or scanning the QR code and completing the registration form.

Supporting Your Child with Sleep	Tuesday, 24 February 2026, 12:00-13:30	Book onto this workshop at: <a href="#">Microsoft Virtual Events Powered by Teams</a> or	
Managing Challenging Behaviour	Thursday, 26 February 2026, 12:00-13:30	Book onto this workshop at: <a href="#">Microsoft Virtual Events Powered by Teams</a> or	
Supporting Your Child with Angry Feelings	Tuesday, 3 March 2026, 12:00-13:30	Book onto this workshop at: <a href="#">Microsoft Virtual Events Powered by Teams</a> or	
Sibling Rivalry	Thursday, 12 March 2026, 12:00-13:30	Book onto this workshop at: <a href="#">Microsoft Virtual Events Powered by Teams</a> or	
Digital Safety	Tuesday, 17 March 2026, 12:00-13:30	Book onto this workshop at: <a href="#">Microsoft Virtual Events Powered by Teams</a> or	
Supporting Your Child with Feelings of Worry	Tuesday 24 March 2026, 12:00-13:30	Book onto this workshop at: <a href="#">Microsoft Virtual Events Powered by Teams</a> or	

If you have any questions about our workshops, or the EIFA service in general, please contact [earlyintervention@cambridgeshire.gov.uk](mailto:earlyintervention@cambridgeshire.gov.uk)

# MathsFit



**HOLIDAY CLUB**  
is coming to Histon Brook  
Primary School

**SCHOOLS OUT SO COME AND  
JOIN THE FUN AT MATHSFIT!**

- Boost maths confidence
- Burn energy
- Make friends
- Have FUN

**Wednesday 8<sup>th</sup> April**

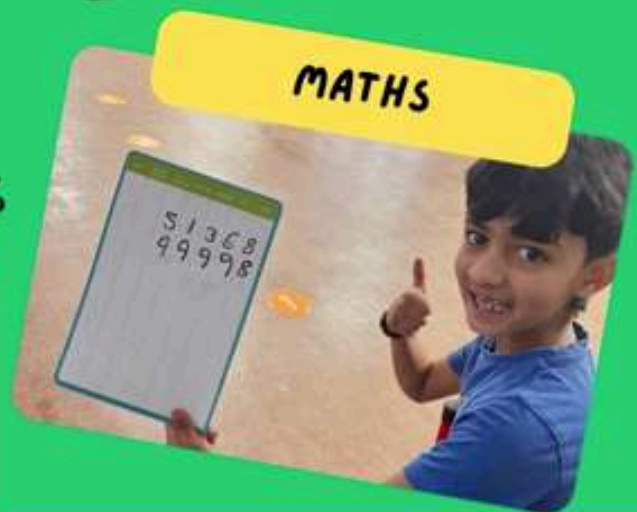
**9am-3.30pm**

**Open to years 1-5**

**£35 per child**

Please use discount code **sibling10%**  
if booking siblings

**SIGN UP YOUR CHILD  
TO THE AWARD  
WINNING CLUB**



[www.mathsfit.co.uk](http://www.mathsfit.co.uk)

[hello@mathsfit.co.uk](mailto:hello@mathsfit.co.uk)



BBC Radio Cambridgeshire is searching for outstanding community heroes for our Make a Difference Awards 2026.

Do you know someone locally who deserves recognition? Perhaps a hard working volunteer, great neighbour, young hero, or helpful animal?

Nominations are now open for BBC Radio Cambridgeshire's Make a Difference Awards 2026. The awards celebrate the incredible individuals, groups and animals across our community who go above and beyond to help others.

If you know someone who deserves to be recognised, we'd love to hear about them!

Nominate via [www.bbc.co.uk/makeadifference/awards](http://www.bbc.co.uk/makeadifference/awards)  
Nominations are open until Tuesday 31/03/2026.